

QUARTERLY SUMMARY OF RADIO LISTENING



SURVEY PERIOD ENDING
23rd June 2024

PART 1 - UNITED KINGDOM
(INCLUDING CHANNEL ISLANDS AND ISLE OF MAN)



ADULTS AGED 15 AND OVER:
57,640,000



Embargoed
until 00.01 am
1st August 2024

	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
All Radio	Q	50813	103	20.6	100	1048155	103
All BBC Radio	Q	32019	101	13.9	100	446313	102
All BBC Radio 15-44	Q	12418	105	8.2	101	101333	106
All BBC Radio 45+	Q	19601	98	17.6	102	344980	100
All BBC Network Radio ¹	Q	29472	102	13.6	102	400828	105
BBC Local Radio	Q	7046	92	6.5	87	45484	79
All Commercial Radio	Q	40457	103	14.3	101	576521	104
All Commercial Radio 15-44	Q	19161	105	11.7	97	223501	102
All Commercial Radio 45+	Q	21296	102	16.6	104	353020	106
All National Commercial ¹	Q	27801	104	9.8	98	273782	102
All Local Commercial Radio (National TSA)	Q	28201	102	10.7	104	302739	106
Other Radio	Q	6112	133	4.1	80	25321	108

(1) See note on back cover.

For survey periods and other definitions please see back cover.

Please note that the information contained within this quarterly data release has yet to be announced or otherwise made public and as such could constitute relevant information for the purposes of section 118 of FSMA and non-public price sensitive information for the purposes of the Criminal Justice Act 1993. Failure to comply with this embargo could result in prosecution.

Source: "RAJAR/Ipsos/RSMB."

QUARTERLY SUMMARY OF RADIO LISTENING



SURVEY PERIOD ENDING
23rd June 2024

PART 2 - NATIONAL SERVICES



Embargoed
until 00.01 am
1st August 2024

	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
All BBC Network Radio ¹	Q	29472	102	13.6	102	400828	105
BBC Radio 1	Q	8122	106	6.7	108	54289	114
BBC Radio 1Xtra	H	829	109	4.8	112	3977	121
BBC Radio 2	Q	13318	99	10.6	108	141004	107
BBC Radio 3	Q	1833	108	7.5	99	13753	107
BBC Radio 4 (including 4 Extra)	Q	9327	100	12.8	103	119140	103
BBC Radio 4	Q	8976	100	12.1	104	108382	104
BBC Radio 4 Extra	Q	1417	90	7.6	103	10758	93
BBC Radio 5 live (inc. sports extra)	Q	5815	104	6.1	97	35492	101
BBC Radio 5 live	Q	5367	106	6.1	103	32899	110
BBC Radio 5 Sports Extra	Q	1115	80	2.3	62	2593	50
BBC 6 Music	Q	2745	103	9.0	86	24819	88
BBC Asian Network UK	H	644	128	4.6	70	2983	89
BBC World Service	Q	1194	111	4.3	91	5173	103
All National Commercial ¹	Q	27801	104	9.8	98	273782	102
Absolute Radio Network ²	H	5560	102	6.7	94	37072	96
Absolute Radio	Q	2075	88	6.9	99	14299	86
Absolute Radio 60s	H	152	104	4.5	100	677	102
Absolute Radio 70s	H	327	107	2.7	79	896	87

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



SURVEY PERIOD ENDING
23rd June 2024

PART 2 - NATIONAL SERVICES



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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Absolute 80s	Q	1587	92	5.9	118	9284	107
Absolute Radio 90s	H	926	93	3.5	73	3286	68
Absolute Radio 00s	H	352	123	2.9	62	1004	75
Absolute Radio 10s	H	194	135	1.4	74	269	98
Absolute Classic Rock	H	847	100	5.2	100	4396	99
Absolute Radio Country	H	458	128	5.8	87	2674	111
Boom Radio	Q	621	97	12.1	117	7496	114
Capital Brand (UK) ⁶	H	9101	117	5.3	100	48199	117
Capital Chill	Q	241	135	4.9	109	1174	148
Capital Dance	Q	1119	107	4.8	123	5407	134
Capital Network (UK) ²	H	6992	116	4.8	94	33404	110
Capital XTRA Brand UK ²	H	2125	125	4.2	114	8887	139
Capital XTRA (UK) ²	H	1698	117	4.0	111	6759	130
Capital XTRA Reloaded	Q	635	141	3.2	114	2004	157
Classic FM	Q	4453	100	8.6	101	38191	101
GB News Radio	Q	518	163	6.4	94	3316	153
Gold Network (UK) ²	H	1834	101	6.6	97	12155	99
Greatest Hits Network (exc Partners) ²	H	7640	129	8.6	105	65576	136
Greatest Hits Radio ²	H	7525	130	8.6	105	64620	137

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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23rd June 2024

PART 2 - NATIONAL SERVICES



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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Heart Brand (UK) ⁹	H	12763	115	6.3	93	80497	107
Heart 70s	Q	715	112	2.9	74	2105	86
Heart 80s	Q	1832	115	4.3	110	7884	128
Heart 90s	Q	1136	104	3.9	105	4425	109
Heart 00s	Q	1020	129	4.0	108	4080	140
Heart Dance	Q	1100	105	3.7	80	4061	85
Heart Network (UK) ²	H	9624	113	6.1	94	58650	106
Heat	H	609	128	3.2	89	1943	115
Hits Radio Network (exc Partners)	H	7071	108	7.4	96	52388	103
Hits Radio Pride	Q	300	*	2.0	*	598	*
Hits Radio Portfolio (exc Partners) ¹¹	H	13242	116	8.9	102	117964	119
Hits Radio ²	H	4822	262	6.1	191	29482	494
Jazz FM	H	458	86	5.0	132	2280	113
Kerrang!	H	417	115	6.1	122	2525	140
KISS Network ⁵	H	4047	95	4.4	88	17890	85
KISS Fresh	H	213	71	3.0	111	640	79
KISSTORY	Q	2382	94	4.0	93	9630	87
LBC Brand (UK) ²	H	3333	107	9.1	93	30311	100
Magic Network ⁸	H	4173	108	5.1	93	21288	100

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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23rd June 2024

PART 2 - NATIONAL SERVICES



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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Magic at the Musicals	H	259	164	4.6	79	1185	130
Magic Chilled	H	462	123	2.4	73	1098	90
Magic Soul	H	603	133	3.2	67	1908	88
Mellow Magic	H	443	85	3.9	75	1718	64
Planet Rock	Q	1198	98	8.1	85	9688	83
Scala Radio	H	196	80	8.9	141	1734	112
Smooth Brand (UK) ⁷	H	7215	123	6.6	94	47858	116
Smooth Chill	Q	531	94	4.3	84	2288	80
Smooth Country	Q	426	113	3.6	62	1553	71
Smooth Relax	Q	494	*	4.1	*	2012	*
Smooth Radio Network (UK) ²	H	6264	122	6.7	96	42178	117
Sunrise Radio National	Y	359	102	4.8	100	1731	102
TalkRadio	H	689	95	6.8	108	4661	102
talkSPORT Network ²	H	3738	109	6.4	100	24013	110
Times Radio	H	478	91	8.9	119	4247	108
Virgin Radio Network	H	2192	111	5.0	85	11067	95
Radio X Brand (UK) ¹²	H	2323	111	8.6	105	19903	116
Radio X Classic Rock	Q	299	109	5.3	108	1585	117
Radio X Network (UK) ²	H	2153	109	8.5	102	18258	111

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



SURVEY PERIOD ENDING
23rd June 2024

PART 3 - INDIVIDUAL BBC SERVICES



Embargoed
until 00.01 am
1st August 2024

	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
BBC NETWORK RADIO							
BBC Radio 1	Q	8122	106	6.7	108	54289	114
BBC Radio 1Xtra	H	829	109	4.8	112	3977	121
BBC Radio 2	Q	13318	99	10.6	108	141004	107
BBC Radio 3	Q	1833	108	7.5	99	13753	107
BBC Radio 4 (including 4 Extra)	Q	9327	100	12.8	103	119140	103
BBC Radio 4	Q	8976	100	12.1	104	108382	104
BBC Radio 4 Extra	Q	1417	90	7.6	103	10758	93
BBC Radio 5 live (inc. sports extra)	Q	5815	104	6.1	97	35492	101
BBC Radio 5 live	Q	5367	106	6.1	103	32899	110
BBC Radio 5 Sports Extra	Q	1115	80	2.3	62	2593	50
BBC 6 Music	Q	2745	103	9.0	86	24819	88
BBC Asian Network UK	H	644	128	4.6	70	2983	89
BBC World Service	Q	1194	111	4.3	91	5173	103
NATIONAL REGIONAL							
BBC Radio Scotland	H	788	91	5.3	77	4180	70
BBC Radio Ulster ³	H	443	101	11.0	105	4879	106
BBC Radio Wales	H	356	104	7.4	87	2647	91
BBC Radio Cymru ³	H	121	110	10.7	93	1298	103

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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SURVEY PERIOD ENDING
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PART 3 - INDIVIDUAL BBC SERVICES



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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
LOCAL							
BBC Local Radio in England	Q	4866	88	6.4	85	30923	74
BBC Radio Berkshire	H	75	70	5.7	74	433	52
BBC Radio Bristol	H	54	68	2.5	63	137	43
BBC Radio Cambridgeshire	H	73	87	5.8	109	425	95
BBC Radio Cornwall	H	117	111	13.9	96	1623	107
BBC CWR	H	51	84	11.4	114	581	96
BBC Radio Cumbria	H	82	99	6.2	70	513	69
BBC Radio Derby	H	115	95	9.5	90	1097	86
BBC Radio Devon	H	126	73	7.6	84	955	61
BBC Essex	H	137	86	7.1	63	972	53
BBC Radio Gloucestershire	H	67	105	10.2	65	683	67
BBC Hereford & Worcester	H	87	105	7.5	77	656	81
BBC Radio Humberside	H	127	98	7.8	88	992	86
BBC Radio Kent	H	108	78	3.6	80	386	62
BBC Radio Lancashire	H	162	112	6.2	73	999	81
BBC Radio Leeds	H	149	81	4.0	54	602	44
BBC Radio Leicester	H	119	106	6.0	95	715	100
BBC Radio Lincolnshire	H	64	102	9.2	124	590	126

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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SURVEY PERIOD ENDING
23rd June 2024

PART 3 - INDIVIDUAL BBC SERVICES



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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
BBC Radio London	Q	673	111	3.1	61	2055	66
BBC Radio Manchester	H	179	94	4.7	69	849	66
BBC Radio Merseyside	H	187	86	7.7	62	1434	53
BBC Radio Newcastle	H	214	115	5.3	74	1126	85
BBC Radio Norfolk	H	117	78	7.4	83	870	65
BBC Radio Northampton	H	75	74	6.8	71	509	53
BBC Radio Nottingham	H	138	109	7.0	137	974	150
BBC Radio Oxford	H	65	89	5.0	100	322	88
BBC Radio Sheffield	H	146	83	4.2	64	616	53
BBC Radio Shropshire	H	69	93	7.0	65	482	61
Total BBC Radio Solent	Y	187	92	8.6	108	1605	99
BBC Radio Somerset	H	56	85	5.3	100	294	85
BBC Radio Stoke	H	108	88	7.8	91	836	79
BBC Radio Suffolk	H	74	79	8.4	86	622	67
BBC Radio Sussex and BBC Radio Surrey	H	180	83	9.8	100	1759	82
BBC Radio Tees	H	93	84	4.4	96	411	81
BBC Three Counties Radio	H	86	72	10.2	128	876	91
BBC Radio WM	H	223	143	5.3	143	1178	203
BBC Radio Wiltshire/Swindon	H	68	92	5.0	119	338	108

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



SURVEY PERIOD ENDING
23rd June 2024

PART 3 - INDIVIDUAL BBC SERVICES



Embargoed
until 00.01 am
1st August 2024

	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
BBC Radio York	H	44	86	6.5	118	285	100
BBC Radio Guernsey	Y	17	131	6.4	89	105	112
BBC Radio Jersey	Y	23	110	8.7	101	201	109

(1-12) See note on back cover.

Source: "RAJAR/Ipsos/RSMB."

QUARTERLY SUMMARY OF RADIO LISTENING



SURVEY PERIOD ENDING
23rd June 2024

PART 4 - NATIONAL COMMERCIAL GROUPS



Embargoed
until 00.01 am
1st August 2024

	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Bauer Media Audio UK - Total (exc Partners)	H	22718	107	9.4	101	212898	107
Absolute Radio Network ²	H	5560	102	6.7	94	37072	96
Absolute Radio	Q	2075	88	6.9	99	14299	86
Absolute Radio 60s	H	152	104	4.5	100	677	102
Absolute Radio 70s	H	327	107	2.7	79	896	87
Absolute 80s	Q	1587	92	5.9	118	9284	107
Absolute Radio 90s	H	926	93	3.5	73	3286	68
Absolute Radio 00s	H	352	123	2.9	62	1004	75
Absolute Radio 10s	H	194	135	1.4	74	269	98
Absolute Classic Rock	H	847	100	5.2	100	4396	99
Absolute Radio Country	H	458	128	5.8	87	2674	111
Hits Radio Portfolio (exc Partners) ¹¹	H	13242	116	8.9	102	117964	119
Greatest Hits Network (exc Partners) ²	H	7640	129	8.6	105	65576	136
Downtown Country	H	124	81	7.7	107	957	87
Greatest Hits Radio	H	7525	130	8.6	105	64620	137
Greatest Hits Radio (Ayrshire & Dumfries & Galloway)	Y	62	77	14.3	144	885	110
Greatest Hits Radio (Bath & South West)	Y	49	136	9.0	145	441	197
Greatest Hits Radio (Berkshire & North Hampshire)	H	97	129	14.0	131	1349	168
Greatest Hits Radio (Black Country & Shropshire)	H	163	236	7.3	89	1183	210

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



SURVEY PERIOD ENDING
23rd June 2024

PART 4 - NATIONAL COMMERCIAL GROUPS



Embargoed
until 00.01 am
1st August 2024

	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Greatest Hits Radio (Bradford & West Yorkshire)	H	122	128	11.1	154	1365	200
Greatest Hits Radio (Bristol & South West)	H	152	115	5.7	78	863	90
Greatest Hits Radio (Bucks Beds & Herts)	H	67	122	8.8	138	587	166
Greatest Hits Radio (Cambridgeshire)	H	45	173	6.2	122	281	211
Greatest Hits Radio (Cornwall)	H	96	234	8.1	79	776	184
Greatest Hits Radio (Coventry & Warwickshire)	H	67	181	5.5	95	367	169
Greatest Hits Radio (Cumbria)	Y	74	103	10.2	140	756	143
Greatest Hits Radio (Devon)	H	90	225	12.4	149	1122	333
Greatest Hits Radio (Dorset East)	Y	46	177	6.8	76	317	138
Greatest Hits Radio (Dorset West)	Y	58	132	10.9	106	630	138
Greatest Hits Radio (East Midlands)	H	277	*	6.3	*	1731	*
Greatest Hits Radio (East Yorkshire & Northern Lincolnshire)	H	145	167	7.2	60	1047	100
Greatest Hits Radio (Edinburgh & the Lothians & Fife & Falkirk)	H	123	100	9.3	97	1143	97
Greatest Hits Radio (Essex)	H	70	115	11.1	96	771	109
Greatest Hits Radio (Glasgow & the West)	H	201	84	7.3	92	1466	78
Greatest Hits Radio (Gloucestershire)	H	55	250	12.2	179	668	451
Greatest Hits Radio (Greater Manchester)	H	295	148	8.7	102	2552	152
Greatest Hits Radio (Great Yarmouth)	Y	53	98	13.1	175	687	170
Greatest Hits Radio (Harrogate & Yorkshire Dales)	Y	47	134	10.8	169	504	225

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



SURVEY PERIOD ENDING
23rd June 2024

PART 4 - NATIONAL COMMERCIAL GROUPS



Embargoed
until 00.01 am
1st August 2024

	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Greatest Hits Radio (Herefordshire & Worcestershire)	Y	68	170	10.2	121	690	207
Greatest Hits Radio (Kent)	H	121	205	10.7	147	1298	299
Greatest Hits Radio (Lancashire)	H	171	248	10.3	149	1752	367
Greatest Hits Radio (Leeds & West Yorkshire)	H	175	117	10.2	111	1785	129
Greatest Hits Radio (Lincolnshire)	H	169	172	11.4	127	1931	219
Greatest Hits Radio (Liverpool)	H	331	127	8.5	98	2812	124
Greatest Hits Radio (London)	Q	1065	93	5.3	84	5642	78
Greatest Hits Radio (Northamptonshire)	H	58	145	8.4	99	484	141
Greatest Hits Radio (North Derbyshire)	Y	83	180	7.8	91	643	164
Greatest Hits Radio (North East Scotland)	Y	45	122	8.9	151	399	181
Greatest Hits Radio (Northern Ireland)	H	56	93	5.7	78	321	73
Greatest Hits Radio (North of Scotland)	Y	19	112	6.1	87	115	99
Greatest Hits Radio (Norwich)	Y	150	190	8.4	122	1256	229
Greatest Hits Radio (Oxfordshire)	H	83	148	6.6	127	551	189
Greatest Hits Radio (Peterborough Stamford & Rutland)	H	59	151	9.7	149	575	224
Greatest Hits Radio (Plymouth)	Y	50	139	8.6	83	427	115
Greatest Hits Radio (Salisbury)	Y	33	118	9.3	96	302	113
Greatest Hits Radio (Scottish Borders & North Northumberland)	Y	38	88	9.7	105	370	95
Greatest Hits Radio (Somerset)	Y	71	125	9.7	94	684	116

Source: "RAJAR/Ipsos/RSMB."

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QUARTERLY SUMMARY OF RADIO LISTENING



SURVEY PERIOD ENDING
23rd June 2024

PART 4 - NATIONAL COMMERCIAL GROUPS



Embargoed
until 00.01 am
1st August 2024

	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Greatest Hits Radio (South Coast) (was Wave 105)	H	446	107	10.8	100	4816	107
Greatest Hits Radio (South Wales)	H	125	162	5.2	61	646	99
Greatest Hits Radio (South Yorkshire)	H	288	*	11.9	*	3439	*
Greatest Hits Radio (Staffordshire & Cheshire)	H	92	126	11.6	117	1066	148
Greatest Hits Radio (Suffolk)	Y	67	394	9.7	111	656	459
Greatest Hits Radio (Surrey & East Hampshire)	H	47	82	8.5	106	405	90
Greatest Hits Radio (Sussex)	H	133	238	7.7	75	1028	179
Greatest Hits Radio (Swindon)	Y	39	122	11.0	172	431	213
Greatest Hits Radio (Tayside & Fife)	Y	52	200	10.7	109	553	214
Greatest Hits Radio (Teesside)	H	78	104	8.2	106	641	110
Greatest Hits Radio (Tyne & Wear)	H	135	135	9.1	123	1227	165
Greatest Hits Radio (Wakefield)	Y	65	98	7.4	87	479	85
Greatest Hits Radio (West Midlands)	H	418	133	7.8	100	3244	133
Greatest Hits Radio (West Norfolk)	Y	48	114	9.9	148	479	172
Greatest Hits Radio (York & North Yorkshire)	Y	72	126	9.0	134	647	171
Greatest Hits Radio (Yorkshire Coast)	Y	36	129	8.8	89	318	116
Hits Radio Network (exc Partners) ²	H	7071	108	7.4	96	52388	103
Hits Radio Pride	Q	300	*	2.0	*	598	*
Hits Radio ²	H	4822	262	6.1	191	29482	494

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



SURVEY PERIOD ENDING
23rd June 2024

PART 4 - NATIONAL COMMERCIAL GROUPS



Embargoed
until 00.01 am
1st August 2024

	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Hits Radio (Birmingham) (was Free Radio (Birmingham))	H	283	157	5.6	67	1576	104
Hits Radio (Black Country & Shropshire) (was Free Radio (Black Country & Shropshire))	H	111	144	8.7	104	966	149
Hits Radio (Bristol & South West)	H	83	173	5.3	241	441	420
Hits Radio (Cornwall) (was Pirate FM)	H	139	109	10.7	110	1495	121
Hits Radio (Coventry & Warwickshire) (was Free Radio (Coventry & Warwickshire))	H	138	125	8.0	91	1096	113
Hits Radio (Cumbria)	Y	11	183	3.6	225	41	410
Hits Radio (Dorset)	Y	25	100	4.5	76	113	76
Hits Radio (East Midlands) (was Gem)	H	221	85	9.1	157	2004	133
Hits Radio (East Yorkshire & Northern Lincolnshire) (was Viking FM)	H	145	90	5.6	127	808	113
Hits Radio (Herefordshire & Worcestershire) (was Free Radio (Herefordshire & Worcestershire))	Y	88	140	7.0	101	617	142
Hits Radio (Lancashire) (was Rock FM)	H	221	104	8.5	100	1865	103
Hits Radio (Lincs) (was Lincs FM)	H	118	52	8.4	77	995	41
Hits Radio (Liverpool & the North West) (was Radio City)	H	319	134	6.7	79	2149	106
Hits Radio (Manchester)	H	329	124	5.4	100	1770	123
Hits Radio (North East - Teesside) (was TFM)	H	146	136	5.5	77	799	106
Hits Radio (North East - Tyne & Wear) (was Metro Radio)	H	393	128	7.2	114	2823	147
Hits Radio (Oxfordshire)	H	37	463	1.7	41	63	191
Hits Radio (South Coast)	H	51	213	2.6	55	134	121
Hits Radio (South Wales) (was 96.4 FM The Wave)	H	148	159	6.6	90	977	145

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Hits Radio (South Yorkshire) (was Hallam FM)	H	325	109	7.4	72	2401	79
Hits Radio (Staffordshire & Cheshire) (was Signal One)	H	206	140	8.5	98	1751	137
Hits Radio (West Yorkshire) (was Pulse 1)	H	190	160	5.7	121	1082	194
Clyde 1	H	706	108	9.3	121	6574	131
Cool FM	H	538	110	9.5	117	5134	129
Downtown Radio	H	312	107	10.4	125	3250	134
Forth 1	H	373	103	9.8	99	3640	102
MFR	Y	88	76	9.1	108	797	82
Northsound 1	Y	115	100	6.4	100	732	100
Tay FM	Y	114	96	9.1	87	1044	84
West FM	Y	105	112	10.0	125	1053	139
Heat	H	609	128	3.2	89	1943	115
Jazz FM	H	458	86	5.0	132	2280	113
Kerrang!	H	417	115	6.1	122	2525	140
KISS Network ⁵	H	4047	95	4.4	88	17890	85
KISS	Q	2007	81	4.0	103	8041	82
KISS (East)	H	46	26	2.1	40	98	11
KISS (London)	Q	723	80	4.1	95	2958	76
KISS (West)	H	254	82	4.8	81	1216	67

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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KISS Fresh	H	213	71	3.0	111	640	79
KISSTORY	Q	2382	94	4.0	93	9630	87
Magic Network ⁸	H	4173	108	5.1	93	21288	100
Magic ²	Q	2650	87	5.9	116	15541	101
Magic (London)	Q	1268	89	6.4	119	8123	105
Magic at the Musicals	H	259	164	4.6	79	1185	130
Magic Chilled	H	462	123	2.4	73	1098	90
Magic Soul	H	603	133	3.2	67	1908	88
Mellow Magic	H	443	85	3.9	75	1718	64
Planet Rock	Q	1198	98	8.1	85	9688	83
Scala Radio	H	196	80	8.9	141	1734	112
Total Global Radio (UK)	H	27213	109	9.3	98	252447	107
Capital Brand (UK) ⁶	H	9101	117	5.3	100	48199	117
Capital Chill	Q	241	135	4.9	109	1174	148
Capital Dance	Q	1119	107	4.8	123	5407	134
Capital Network (UK) ²	H	6992	116	4.8	94	33404	110
Capital Liverpool ¹⁰	H	177	135	5.6	140	999	188
Capital London ¹⁰	Q	1963	124	4.3	91	8472	113
Capital Mid Counties	Y	162	117	5.4	89	875	103

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Capital Mid Counties - North ¹⁰	Y	32	114	4.7	77	150	88
Capital Mid Counties - South ¹⁰	H	137	149	5.4	76	749	115
Capital Midlands	H	951	112	4.9	82	4637	91
Capital Birmingham ¹⁰	H	377	103	3.5	66	1337	69
Capital East Midlands ¹⁰	H	407	111	5.7	86	2338	96
Capital East Midlands - Derbyshire	H	81	123	6.6	118	534	144
Capital East Midlands - Leicestershire	H	147	143	7.0	91	1028	130
Capital East Midlands - Nottinghamshire	H	186	93	4.4	70	824	65
Capital North East ¹⁰	H	455	140	4.9	74	2224	104
Capital North West	H	528	119	4.4	75	2336	90
Capital Lancashire ¹⁰	H	72	150	3.7	79	271	118
Capital Manchester ¹⁰	H	456	116	4.5	75	2065	87
Capital North West and Wales ¹⁰	H	137	113	4.7	67	649	77
Capital Scotland ⁴	H	451	120	4.1	108	1865	129
Capital South	H	179	126	5.1	89	908	112
Capital Brighton ¹⁰	Y	27	169	4.8	200	129	331
Capital South Coast ¹⁰	H	156	116	4.8	81	752	94
Capital South Wales ⁴	H	190	133	5.1	146	959	194
Capital Yorkshire ¹⁰	H	885	109	5.8	105	5124	115

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Capital XTRA Brand UK ²	H	2125	125	4.2	114	8887	139
Capital XTRA (UK) ²	H	1698	117	4.0	111	6759	130
Capital XTRA (London)	Q	709	131	4.1	98	2921	129
Capital XTRA Reloaded	Q	635	141	3.2	114	2004	157
Classic FM	Q	4453	100	8.6	101	38191	101
Gold Network (UK) ²	H	1834	101	6.6	97	12155	99
Gold Cambridgeshire	H	32	56	6.9	73	218	40
Gold East Midlands	H	126	121	7.4	119	929	143
Gold London	Q	352	77	5.8	132	2053	103
Gold Manchester	H	137	132	6.6	62	907	83
Heart Brand (UK) ⁹	H	12763	115	6.3	93	80497	107
Heart 70s	Q	715	112	2.9	74	2105	86
Heart 80s	Q	1832	115	4.3	110	7884	128
Heart 90s	Q	1136	104	3.9	105	4425	109
Heart 00s	Q	1020	129	4.0	108	4080	140
Heart Dance	Q	1100	105	3.7	80	4061	85
Heart Network (UK) ²	H	9624	113	6.1	94	58650	106
Heart East	H	1235	105	7.7	95	9490	100
Heart Cambridgeshire ¹⁰	H	179	81	8.1	123	1445	98

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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Heart East Anglia	H	362	121	8.3	79	3015	96
Heart East Anglia - Norfolk ¹⁰	H	228	115	7.8	66	1785	76
Heart East Anglia - Suffolk ¹⁰	H	134	134	9.2	116	1230	156
Heart Essex	H	218	99	7.7	92	1690	91
Heart Essex - Chelmsford & Southend ¹⁰	H	174	104	7.5	87	1302	90
Heart Essex - Colchester ¹⁰	Y	39	115	8.9	110	342	125
Heart Essex - Harlow ¹⁰	Y	11	79	11.2	187	119	138
Heart Four Counties	H	480	110	7.0	101	3340	111
Heart Four Counties - Bedfordshire ¹⁰	Y	80	88	5.5	92	437	80
Heart Four Counties - Beds/Bucks/Herts ¹⁰	H	123	95	6.0	69	736	65
Heart Four Counties - Milton Keynes ¹⁰	Y	71	131	7.3	152	520	204
Heart Four Counties - Northamptonshire ¹⁰	H	167	117	6.9	108	1155	126
Heart Hertfordshire ⁴	H	83	213	5.5	56	456	118
Heart London ¹⁰	Q	2084	117	4.4	81	9210	95
Heart North East ¹⁰	H	436	144	6.1	90	2642	129
Heart North Wales ⁴	H	133	149	6.3	66	835	97
Heart North West Group	H	905	124	6.2	85	5623	105
Heart North Lancs & Cumbria	Y	78	122	9.6	152	750	186
Heart North West ¹⁰	H	819	122	5.8	79	4787	99

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Heart Scotland	H	377	109	3.5	78	1338	86
Heart Scotland East ¹⁰	H	146	129	3.6	77	525	98
Heart Scotland West ¹⁰	H	231	100	3.5	80	813	79
Heart South	H	1152	85	6.9	99	7964	84
Heart Kent ¹⁰	H	192	67	6.3	88	1219	59
Heart Solent	H	337	95	6.3	107	2123	101
Heart Solent - Dorset ¹⁰	H	110	87	7.8	142	852	123
Heart Solent - Hampshire ¹⁰	H	227	99	5.6	92	1271	90
Heart Sussex	H	296	98	8.9	127	2639	124
Heart Sussex - North ¹⁰	Y	34	121	6.1	105	206	126
Heart Sussex - South ¹⁰	H	264	98	9.2	130	2443	128
Heart Thames Valley	H	326	80	6.1	77	1983	61
Heart Thames Valley - Berks & N.Hants ¹⁰	H	165	68	6.9	93	1149	64
Heart Thames Valley - Oxfordshire ¹⁰	H	160	96	5.2	60	834	58
Heart South Wales ¹⁰	H	468	116	6.9	86	3233	101
Heart West	H	985	110	7.2	111	7107	122
Heart South West	H	408	125	7.6	101	3098	127
Heart South West - Cornwall ¹⁰	Y	114	108	6.3	111	718	118
Heart South West - Exeter ¹⁰	Y	77	140	6.0	122	463	171

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Heart South West - North Devon ¹⁰	Y	47	104	9.1	90	424	93
Heart South West - Plymouth & South Hams ¹⁰	Y	91	100	6.8	103	615	102
Heart South West - Torbay ¹⁰	Y	57	108	7.6	127	434	136
Heart West Country	H	576	101	7.0	119	4009	119
Heart West Country - Bristol/Weston & Bath ¹⁰	H	225	99	6.9	128	1547	126
Heart West Country - Gloucestershire ¹⁰	Y	108	106	6.3	74	673	78
Heart West Country - Somerset ¹⁰	Y	102	88	8.5	142	868	124
Heart West Country - Wiltshire ¹⁰	Y	139	131	7.1	100	995	133
Heart West Midlands ¹⁰	H	685	122	5.6	95	3833	116
Heart Yorkshire ⁴	H	514	117	5.1	88	2641	105
LBC Brand (UK) ²	H	3333	107	9.1	93	30311	100
LBC (UK)	H	2612	102	10.5	97	27507	100
LBC London	Q	1462	103	10.5	95	15421	99
LBC News (UK)	H	981	108	2.9	91	2804	96
LBC News (London) ¹⁰	Q	444	103	3.8	115	1694	119
Smooth Brand (UK) ⁷	H	7215	123	6.6	94	47858	116
Smooth Chill	Q	531	94	4.3	84	2288	80
Smooth Country	Q	426	113	3.6	62	1553	71
Smooth Relax	Q	494	*	4.1	*	2012	*

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Smooth Radio Network (UK) ²	H	6264	122	6.7	96	42178	117
Smooth Radio Devon	H	60	91	5.5	81	329	73
Smooth Radio East Anglia	H	87	112	6.2	78	545	87
Smooth Radio East Midlands ⁴	H	507	112	8.3	111	4189	123
Smooth Radio Essex	H	63	81	7.7	99	480	79
Smooth Radio Kent	H	86	105	7.4	154	634	160
Smooth Radio Lake District ¹⁰	Y	9	100	11.2	167	96	155
Smooth Radio London ¹⁰	Q	1192	128	4.7	82	5551	105
Smooth Radio North East ⁴	H	602	131	7.3	79	4421	104
Smooth Radio North West ⁴	H	1145	120	8.1	103	9272	122
Smooth Radio North West and Wales	H	101	131	7.0	96	707	125
Smooth Radio Scotland	H	368	103	8.3	141	3062	144
Smooth Radio Solent	H	115	120	7.2	80	829	95
Smooth Radio South Wales	H	127	181	5.3	68	670	123
Smooth Radio Sussex	H	69	84	4.1	79	284	67
Smooth Radio Thames Valley	H	78	139	3.9	98	308	137
Smooth Radio Three Counties	H	37	54	7.7	179	287	98
Smooth Radio West Country	H	151	130	5.9	87	889	112
Smooth Radio West Midlands	H	589	115	7.0	101	4114	117

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Radio X Brand (UK) ¹²	H	2323	111	8.6	105	19903	116
Radio X Classic Rock	Q	299	109	5.3	108	1585	117
Radio X Network (UK) ²	H	2153	109	8.5	102	18258	111
Radio X London	Q	490	108	7.7	100	3784	108
Radio X Manchester	H	219	95	8.9	137	1953	130
Total News Broadcasting	H	6817	107	6.7	97	45978	104
News Broadcasting National Network	H	6626	108	6.6	97	43988	105
News Broadcasting Speech Network	H	4684	106	7.0	103	32921	109
TalkRadio	H	689	95	6.8	108	4661	102
talkSPORT Network ²	H	3738	109	6.4	100	24013	110
talkSPORT	H	3410	106	6.6	103	22485	109
talkSPORT2	H	563	139	2.7	100	1528	139
Times Radio	H	478	91	8.9	119	4247	108
Virgin Radio Network	H	2192	111	5.0	85	11067	95
Virgin Radio	H	1628	113	5.4	86	8762	96
Virgin Radio 80s Plus	H	236	164	1.9	61	443	98
Virgin Radio Anthems	H	329	104	3.4	94	1129	99
Virgin Radio Chilled	H	249	71	2.9	104	733	76
U105 (Greater Belfast)	H	189	83	10.2	120	1919	99

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
U105 (Outside Belfast)	Y	30	94	3.9	65	118	61
Sunrise Radio Group National	H	406	*	4.7	*	1912	*
Sunrise Radio National	Y	359	102	4.8	100	1731	102
Sunrise Radio Group London	H	192	*	4.0	*	781	*
Sunrise Radio London	Y	146	92	4.2	93	610	85
Sunrise Smooth	H	38	*	1.6	*	62	*

(1-12) See note on back cover.

Source. "RAJAR/Ipsos/RSMB."

QUARTERLY SUMMARY OF RADIO LISTENING



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PART 5 - LOCAL COMMERCIAL GROUPS AND INDIVIDUAL SERVICES



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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
All Local Commercial Radio (ILR)	Q	28199	102	10.7	104	302739	106
Bloomberg Radio	H	83	*	2.6	*	215	*
Boom Radio	Q	621	97	12.1	117	7496	114
Central FM	Y	45	102	6.3	77	282	79
Communicorp UK	H	3695	121	6.8	96	25115	116
Capital Scotland	H	451	120	4.1	108	1865	129
Capital South Wales	H	190	133	5.1	146	959	194
Heart Hertfordshire	H	83	213	5.5	56	456	118
Heart North Wales	H	133	149	6.3	66	835	97
Heart Yorkshire	H	514	117	5.1	88	2641	105
Smooth Radio East Midlands	H	507	112	8.3	111	4189	123
Smooth Radio North East	H	602	131	7.3	79	4421	104
Smooth Radio North West	H	1145	120	8.1	103	9272	122
XS Manchester	H	103	72	4.6	87	477	62
CountryLine Radio (was Chris Country Radio)	H	35	73	2.4	65	84	47
DCT (Total)	Y	140	79	7.7	112	1080	87
Kingdom FM	Y	49	86	4.4	65	214	55
Original 106 (Aberdeen)	Y	91	121	9.5	116	866	141
Total Dee Radio Group	Y	76	129	3.6	106	273	135

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



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PART 5 - LOCAL COMMERCIAL GROUPS AND INDIVIDUAL SERVICES



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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Cheshire's Silk 106.9	Y	9	64	3.4	126	31	82
Chester's Dee 106.3 (Dee on DAB)	Y	14	127	8.0	119	112	149
Love 80s Liverpool	Y	20	200	4.0	111	80	211
Love 80s Manchester	Y	33	143	1.5	68	49	96
Total Radio Essex	H	80	85	7.7	94	615	80
Radio Essex	H	56	127	5.7	59	318	75
Radio Essex DAB	Y	38	56	7.8	139	297	78
3FM	Y	26	113	7.4	80	188	89
Fun Kids (London)	H	74	100	1.8	60	136	60
GB News Radio	Q	518	163	6.4	94	3316	153
IOW Radio	Y	39	105	9.1	114	356	120
KMFM Group	H	185	97	5.3	83	990	81
KMFM East	H	83	94	5.8	82	485	77
KMFM West	H	102	99	4.9	84	504	85
Lyca Group	Y	176	109	6.3	113	1106	122
1458 Lyca Radio	Y	114	101	5.1	96	584	96
Lyca Gold (surveyed as 1035 Dilse Radio)	Y	83	117	6.3	147	522	172
Radio Mansfield 103.2	Y	30	111	8.2	105	245	117
Manx Radio	Y	28	100	10.6	102	301	102

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

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	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Mi-Soul	H	279	161	3.2	71	882	114
More Radio Total	H	60	88	10.3	130	616	114
More Radio East	Y	50	106	8.6	76	429	81
More Radio West	Y	9	75	10.1	136	95	106
Nation Broadcasting Group	H	880	133	6.1	117	5365	156
106.3 Bridge FM	Y	20	105	4.7	55	92	58
Dragon Radio Wales	Y	55	108	7.0	121	382	129
Easy Radio South	H	29	145	7.9	84	233	122
Nation Radio North East (was Sun FM)	H	25	89	10.8	140	268	123
Nation Radio Scotland Total	H	152	160	7.0	113	1058	181
Nation Radio Scotland (East)	H	23	144	0.8	67	18	90
Nation Radio Scotland (West)	H	129	163	8.1	113	1040	184
Nation Radio South	H	101	85	8.7	180	873	151
Nation Radio Suffolk	Y	29	132	9.3	108	266	141
Nation Radio UK	H	208	161	1.4	140	291	219
Nation Radio Wales	H	177	136	5.9	102	1054	141
Nation Radio Yorkshire (was Nation Radio East Yorkshire)	Y	51	119	9.7	120	494	144
Radio Carmarthenshire	Y	19	95	7.3	104	137	99
102.5 Radio Pembrokeshire	Y	24	126	6.3	105	152	136

Source: "RAJAR/Ipsos/RSMB."

(1-12) See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



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1st August 2024

	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
Swansea Bay Radio (was Easy Radio Wales)	H	13	100	2.9	36	39	38
Panjab Radio	Y	82	73	8.9	105	727	76
Q Radio	H	378	133	6.4	103	2425	137
Radio Exe	Y	49	144	5.9	78	291	111
Star Radio Cambridge	Y	35	106	5.5	87	195	96
Time FM 107.5	Y	14	100	7.5	112	102	109
Tindle Radio Group	Y	76	99	10.0	101	763	100
Channel 103 FM	Y	48	96	8.8	88	419	84
Island FM 104.7	Y	29	107	12.0	121	345	129
The Voice	Y	14	117	11.3	120	161	138

(1-12) See note on back cover.

Source: "RAJAR/Ipsos/RSMB."

QUARTERLY SUMMARY OF RADIO LISTENING



SURVEY PERIOD ENDING
23rd June 2024

PART 6 - DEMOGRAPHIC ANALYSIS



Embargoed
until 00.01 am
1st August 2024

	Survey Period	Weekly Reach '000	Index Reach Q2 24 / Q2 23	Average Hours per listener	Index Avg Hours Q2 24 / Q2 23	Total Hours '000	Index Total Hours Q2 24 / Q2 23
ALL COMMERCIAL 15+	Q	40457	103	14.3	101	576521	104
Children 10-14	Q	2564	93	7.8	130	19933	120
15-24	Q	5422	112	9.2	103	49815	115
25-44	Q	13739	103	12.6	95	173686	98
45-64	Q	13304	101	17.2	104	229223	104
65+	Q	7992	103	15.5	106	123797	109
Main Shoppers	Q	34514	100	14.8	103	512479	103
Main Shoppers with children	Q	9722	97	14.3	100	138876	97
ABC1	Q	22507	103	12.5	102	281617	105
C2DE	Q	17950	103	16.4	100	294904	104
ALL BBC 15+	Q	32019	101	13.9	100	446313	102
Children 10-14	Q	1576	74	3.8	73	5992	54
15-24	Q	3368	118	6.1	109	20707	130
25-44	Q	9050	101	8.9	100	80626	101
45-64	Q	10481	96	15.6	101	163785	98
65+	Q	9119	101	19.9	102	181195	103
Main Shoppers	Q	28105	98	14.6	101	410541	100
Main Shoppers with children	Q	6509	94	10.8	106	70328	99
ABC1	Q	19864	101	14.0	101	278325	102
C2DE	Q	12156	102	13.8	100	167988	102

(1-12) See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING

DEFINITIONS	
(1)	Audiences in local analogue areas excluded from 'All BBC Network Radio' and 'All National Commercial' totals.
(2)	National groups that are a combination of analogue and digital broadcast.
(3)	Audience to 'Opt-out' services included.
(4)	Station owned by Communicorp Group Limited and includes listening to the national station.
(5)	Includes Kisstory and Kiss Fresh.
(6)	Includes Capital Network (UK), Capital XTRA (UK), Capital XTRA Reloaded, Capital Chill & Capital Dance.
(7)	Includes Smooth Radio Network (UK), Smooth Radio Chill, Smooth Relax & Smooth Radio Country.
(8)	Includes Magic Chilled, Mellow Magic, Magic Soul & Magic at the Musicals.
(9)	Includes Heart Network (UK), Heart 70s, 80s, 90s & Heart Dance.
(10)	Includes listening to the national station.
(11)	Includes Greatest Hits Network and Hits Radio Network.
(12)	Includes Radio X Classic Rock, Radio X London, Radio X Manchester

AREAS	
United Kingdom (Parts 1 and 6)	(including Channel Islands and Isle of Man)
Editorial Areas (Part 3)	BBC stations' defined service areas
Total Survey Areas (Parts 4 and 5)	Commercial stations' defined marketing areas
In Part 1 'BBC Local/Regional' and 'All Local Commercial' include listening to local stations outside their own Editorial/Total Survey Areas.	In Parts 3 and 5 'BBC Local Radio' and 'All Local Commercial Radio' are based on the net Editorial/Total Survey Area of the individual services making up the network.

SURVEY PERIODS		
Code	Fieldwork Dates	Sample size* (No. of diaries)
Q	1 st Apr 2024 – 23 rd June 2024	34,787
H	1 st Jan 2024 – 23 rd June 2024	71,097
Y	26 th June 2023 – 23 rd June 2024	141,012

UNIQUE SAMPLE		
Code	Fieldwork Dates	Unique Sample
Q	1 st Apr 2024 – 23 rd June 2024	22,618

TERMS	
Weekly reach	The number in thousands or as a percentage of the UK/area adult population who listen to a station for at least 5 minutes in the course of an average week
Average hours	The total hours of listening to a station during the course of a week, averaged: per head – across the total adult population of the UK/area per listener – across all those listening to the station for at least 5 minutes
Total hours	The overall number of hours of adult listening to a station in the UK/area in an average week
Index	A means of presenting statistical change that uses 100 as the comparative benchmark. An index of 110 denotes a 10 increase, while an index of 90 denotes a 10 increase

please note that Sample Sizes refer to the number of diaries rather than participants, and includes panellists who may contribute up to 3 diaries per Quarter.